

Uddingston Bowling & Tennis Club

Tennis Welcome & Information Pack



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Welcome

Uddingston Bowling and Tennis Club is situated in the heart of the village and has done for 160 years! The club's facilities include two bowling greens, four all-weather floodlit tennis courts, a function hall, bar, changing facilities and tennis coaching from Luke Wilson Tennis Coaching. We warmly welcome you into the club and hope you enjoy your time as a member. If you are interested in lawn bowls, please contact [The Club Secretary](#), ***Note that your tennis membership also lets you play bowls.***

On behalf of the club directorate and the tennis committee, thank you for (re)joining the club and please do not hesitate to get in touch if there is anything the club can do for you. We are run by volunteers for the good of our members and, without you, the club would not exist.

We hope this pack gives a flavour of life at the club. Any questions, please [contact us](#) as we are happy to help.

Your Tennis Committee

Committee

The [Tennis Committee](#) is made up of dedicated volunteers to the club who are committed to making your club experience as enjoyable as possible. If you wish to join please contact the Membership Secretary at udding-stontennis@gmail.com



Club facilities and membership benefits.

Membership card for bar and facility access

- Floodlights
- Use of Bar with Discount
- Beer Garden
- Club Hall Hire (with catering kitchen)
- Changing Rooms
- Toilets
- First Aid Boxes
- Slinger Bag (Automatic Ball Machine) Available fair weather months.
- Snooker Table
- Pool Table
- Dartboard
- Pétanque Court
- Tennis Noticeboard located beside vending machine in foyer at cloakrooms.



Benefits

- Member WhatsApp Group
- LTA Advantage Membership free to club members. Details on [LTA Advantage website](#).
- Discounts
- Wimbledon Ballot through LTA
- Discounted Coaching
- Group Coaching also discounted
- Junior Holiday Camps again discounted for members
- Social Tennis weekly for seniors and for juniors
- Discounts local businesses (on presentation of membership card)

Booking courts and Slinger Ball Machine

Details about creating a Clubspark account will be sent on receipt of your membership payment. Our IT expert will send you a link and help you to set up your ability to book courts at UBTC, through Clubspark. Joining LTA is required to allow this, (free to club members).

Solo Practice

During summer and autumn months our Slinger Ball Machine is available for hire. Induction is required before booking and this will be set up by one of our trained members. The Slinger Ball machine allows you to practise on your own using the speed and spin settings appropriate to your ability.



Play All Year Round

Court opening hours are per booking availability in Clubspark. Please at all times be considerate to our neighbours regarding noise on court.

Use of floodlights for individual use is £1 per 30 minutes per court. Floodlights are on timers. Courts 3 and 4 cut off is 9.30pm and courts 1 and 2 cut off is 10.00pm.

Our LED floodlights offer enhanced light quality on court and are environmentally friendly due to reduced wattage use.



Social Tennis

One of the most enjoyable aspects of club tennis is the social element. We run four social events each week. Box leagues are also organised periodically according to demand.



Whiteman Cup Social – Wednesdays @

7.30pm

Throughout the Spring and Summer, the night runs as a fun and relaxed mixed doubles tournament for members of intermediate level or above, matching up partners at random and playing five games per match. Members just need to turn up and play – no need to notify anyone.



The Whiteman Cup social (named after the original trophy donor, Mr Whiteman) starts at 7.30pm with rotation of all attendees across all four courts. The Junior social takes place Wednesdays 6.30-7.30pm, and if all four courts are not used during this time, the coach will look to free up courts for adults to use prior to the Whiteman social official start time.

The winner with the most points at the end of the Summer receives the Whiteman Cup Trophy! The night usually ends at the club's bar or beer garden and is a good way to meet and socialise with other members of the club.

Sunday Social – Sunday mornings (start and end times vary to meet members' availability)

The Sunday Social is also a social tennis event and is ideal for beginners and not-quite intermediates to meet, and get some games with, other members of similar ability. It is also aimed at members who may want to build up their confidence on court. Sessions are arranged through a specific WhatsApp group open to all to join. The club bar is also open on Sunday afternoons should members wish to make use of this.

Friday Tennis 10am-12 noon. Fun tennis doubles for adult members are available on a Friday morning. Tea and coffee are provided and sessions are arranged through a specific WhatsApp group open to all to join.

Tuesday Tennis 10am – 12 noon. Fun tennis doubles for adult members are available on Tuesday morning. Sessions are arranged through a specific WhatsApp group open to all to join.

Junior Members

Welcome to Uddingston Tennis 😊

Junior members also have a weekly social event on Wednesdays 6.30-7.30pm. All our juniors are welcome to attend, play some fun games and meet other members. This is overseen by a qualified and certified adult club member. Please note that our members under 13 years need to have adult supervision at all times on club premises.

We also run events throughout the year. These include Team Challenges for both junior and adult members.

All information for junior coaching and social events are displayed on the junior notice board inside the rear tennis court door.

Junior Teams

We have boys and girls teams of all ages. Our teams are selected from all our juniors attending classes and overseen by our coaches.

Our junior members are our future and we aim to make their club participation enjoyable, and also competitive for those keen to take part.

Members can book courts through Clubspark. On membership completion our IT expert will email you with the relevant information. Please note that only members can play on courts.

Junior members can be contacted at the Wednesday social event and through our Junior WhatsApp Group.

Please contact Luke Wilson with any queries at lukewilson-tennis@gmail.com

A poster for the Junior Coaching Programme. It features a green background with a blurred image of a tennis court. The text is in white and yellow. It lists coaching block dates from 13th January to 30th March, a 12-week coaching block, and a table of sessions with dates, times, ages, and fees for members and non-members.

JUNIOR COACHING PROGRAMME			
LW TENNIS COACHING			
Coaching Block Dates: 13th January - 30th March			
12 WEEK COACHING BLOCK			
DATE/TIME	AGE	MEMBER	NON-MEMBER
Tuesday 5 - 6pm	10-12	£77	£88
Tuesday 6 - 7pm	12-18	£77	£88
Thursday 5 - 6pm	5-9	£77	£88
Friday 5 - 6pm	10-12	£77	£88
Friday 6 - 7pm	12-18	£77	£88
Saturday 9.15 - 10am	3-4	£77	£88
Saturday 10 - 11am	5-9	£77	£88
Saturday 11 - 12pm	12-18	£77	£88

For more information and to book
please contact Luke Wilson on 01455 511111
@lukewilson-tennis



Team Tennis

For those looking to interact competitively with other clubs, UBTC boasts an array of teams which compete in the West of Scotland leagues every year! A full list of current teams is included below. Note that it is mandatory to have a Lawn Tennis Association (LTA) number to be a team player.

- 3 x Women's Summer Doubles
- 6 x Men's Summer Doubles (the 6th team is a pilot for this year (2026) and to be reviewed after the season finishes)
- 3 x Ladies Over 40s Doubles
- 5 x Male over 40s Doubles
- 1 x Male Spring League (singles + doubles)
- 1 x ladies spring league (singles)
- Men's and Ladies' Cup teams
- 2 x Winter League (mixed doubles)
- 1 x Over 60s Mens Doubles

Men's and Women's Match Practice nights run all year round and throughout the match season. Match level players attend to practise for the quick onset of league matches. For further information please contact the Tennis Captain.

Women's practice runs on Tuesday at 7pm. Men's 1st /2nd team practice runs on Fridays at 7pm. Men's 3rd /4th team practice runs on Thursday at 7pm. Men's 5th team practice is on a Monday. Men's 6th team is on a Sunday.

Please contact the Tennis Captain if you wish to attend.

The Uddingston Club Championships close out the summer season at our club, with singles and doubles events for both adult and junior players. We hold our finals day in late September/Early October, along with a Prize giving ceremony at night. Tennis Coaching



A Word From Our Head Coach

I started out playing as a junior aged 4 at the club, progressing my way through the programme and moving on to compete in various events across the UK, training with the West of Scotland County team and regularly playing Premier Division in the Leagues. On top of this, I have taken on the role of Head Coach here at the club.

Our team of coaches are all qualified and insured with experience of working with players of all ages and abilities. On top of this, members of the coaching team have experience of competing at a county and regional level. Through this, we have managed to learn valuable skills and understand what it takes to reach that level in our sport.

As a team, we look to offer something for everyone at the club, no matter their ability or experience!

What we offer:

- Tots Tennis
- Mini Red, Orange, Green Ball Group Coaching
- Yellow Ball Group Coaching
- Performance Junior Yellow Ball Coaching
- Adult Coaching
- Individual Lessons
- Hitting Sessions

For more information regarding individual or group sessions, please contact Luke on 07470083671 or lukewilsontennis@gmail.com.

Membership

[Membership fees](#) are updated yearly following ratification at the UBTC AGM, which takes place on the last Thursday of February every year.

Membership Benefits

- Year-round access to bowls and tennis facilities (including our fair weather Slinger Bag Ball Machine)
- Free Social Tennis sessions for both adults and juniors
- Opportunity to compete in club & county-wide competitions
- Entry into the LTA's Wimbledon ticket ballot
- Discounted coaching fees

How to Join

- Complete [Tennis Membership Application](#)
- This application form is mandatory and is required to process membership.

- This form will be forwarded to the tennis section. The reply will be from the Tennis Membership Secretary.
- Applications take up to one week to process by the club
- Membership Card will be in a sealed envelope collected from club bar personnel once it has been processed. This will allow you access to club and courts. It will also give a discount at the bar.

Contact Information and Membership Bank Details

Address	Uddingston Bowling & Tennis Club, Old Glasgow Road, Uddingston, G71 7HQ
Tel: Tennis enquiries	07729 333723
Tel: Bookings & bowling enquiries	07910 929838
Email: All Membership enquiries	uddingstontennis@gmail.com after 4pm

Payment of Tennis Fees by Bank Transfer	please use your name as reference in the transfer.
Account Name	Uddingston Bowling & Tennis Club.
Sort Code	80-09-93
Account No	10260460

LTA Member Registration

To join LTA, and in turn receive your specific number allowing team play and Clubspark/Court booking, click [here](#). Please use the name “Uddingston Bowling & Tennis Club.” If you have already registered with LTA please add UBTC to your profile.

Health and Safety

- First aid kits are located:
 - on the shelf next to the Board Room
 - in the small foyer at the fire exit, outside the former shop area
 - Kitchen
- The club also has ice packs available in the above area
- An accident book is available on the club notice board outside the Board Room
- AED defibrillator is available on an exterior gable end wall of the club and is visible from the car park.

Insurance and Registration

- Our club adheres to necessary policies – please see our [website](#).
- We are Registered with LTA and Bowls Scotland.
- LTA venue registration is obtained following successful compliance with all mandatory criteria, enabling us to obtain insurance cover with Howden and Hiscox.

Safeguarding

Uddingston Bowling & Tennis Club has an ongoing commitment to fostering a safe, inclusive, and welcoming environment for all members.

The Welfare Officer's primary responsibility is to ensure the well-being of everyone at our club, from players and coaches to volunteers and parents.

This includes:

- Promoting safeguarding policies in line with LTA guidelines. The Club policies in relation to safeguarding can be found [here](#)
- Being a point of contact for any concerns related to welfare or safety.
- Supporting the development of a positive and respectful club culture.

Our Welfare Officer is Fiona Ballantyne. Her contact details are:

Mobile: 0771 900 7288 Email: fi.ballantyne@gmail.com

Club Bylaws and Registrations

Our club bylaws are in place to ensure the health, safety and all-round enjoyable experience for all members. They are located on our [website](#). Password for members' area on request.



ClubSL Registration

We have bronze '[Club SL Accreditation](#)' with South Lanarkshire Leisure and Culture. This allows us to present our club to schools within our area. Again we have to have lots of official criteria in place. We are proud to have achieved their bronze accreditation.



UBTC Tennis Club Kit from LogoKing

UBTC tennis section is excited to announce that we offer own sportswear at [Uddingston Tennis](#). Have a look and if you would like an item that is not in our club shop, please contact Danny Kinnoch of LogoKing as they are very flexible in stocking new items to meet member preferences.

- To view our club branded items enter password - Tennis
- Please email or call Danny Kinnoch directly, with any queries
- email danny@logoking.co.uk
- Tel 01698 814972



Development – Sponsorship and fundraising

We are developing and are continually looking to improve our club. The Committee is always looking for members with ideas or offers of assistance in relation to:

- Events and fundraising
- Club development
- Junior development



Come and Try Bowling

Bowling is available to our members, as membership covers both sports, with members naming their preferred sport. To play bowls, correct equipment and footwear are mandatory. Our bowling members are on hand to give guidance to all tennis members.

The bowling side of the club has three sections – gents, ladies and senior gents. Each section hosts their own events throughout the year, competitive and social.



Club Social Entertainment

Throughout the year there is a full [calendar of events](#) organised by the overall club and the tennis section specifically. Events are advertised by email and on the Tennis Section Uddingston Hits WhatsApp group.

